



salomon

Results 2019

FRIDAY NIGHT 5

Position	First Name	Surname	Gender	Category	Time
1	Gwion	Roberts	M	1st Male	20.41
2	Euron	Roberts	M	2nd Male	25.19
3	Lleucu	Lane	F	1st Female	26.09
4	Aoife	Matthews	F	2nd Female (u16)	27.58
5	Marian	Crowes	F	3rd Female	28.48
6	Jon	Evans	M	3rd Male	28.50
7	Freya	Thapa	F	u16	29.03
8	Gavin	Ebery	M		29.40
9	Phil	Jones	M		29.51
10	Giles	Baxter	M		30.35
11	Louise	Farmer	F		31.29
12	Liz	Roberts	F		31.46
13	Richard	Harrison	M		31.55
14	Sophie	Freeman	F		33.12
15	Begw	Tomos	F	u16	33.40
16	Caroline	Coleman	F		37.07
17	Gaynor	Davis	F		37.15
18	Iestyn	Jones	M		40.18
19	Damien	Godwin	M		40.20
20	Janine	Muress	F		40.20
21	Emily	Simmonds	F		42.23
22	Chris	Simmonds	M		42.23
23	Nadine	England	F		45.11
24	Haf	Williams	F		45.11